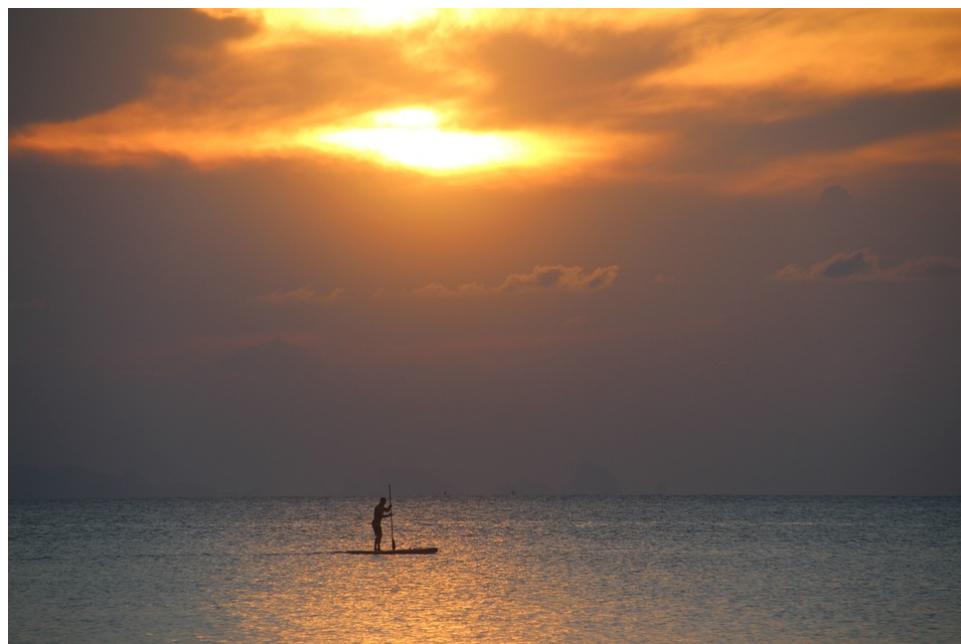


MEIN FITNESS

GhUbX!i d!DUXX`]b[. `:]hb Ygg`Ui Z`XYa
K UggYf

GhUbX!i d!DUXX`]b[`fGI DŁ\Uh`]b`XYb ``YhnhYb `\\$\\fYb `U`g
: fY]nY]h! i bX`GdcfhU_hj] hÀh`ghUf_`Ub`Dcdi`Uf]hÀh`[Yk cbbYb"
8]YgY`j Yf[`Y]W\gk Y]gY`bYi Y`K UggYfgdcfhUfhj YfY]bh
9`Ya YbhY`XYg`DUXXY`bg`i bX`XYg`Gi fZYbg`i bX`V]YhYh`gck c\`
5bZÀb[Yfb `U`g`Ui W\YfZU\fYbYb`GdcfhYfb`j]Y`ZÀ`h][Y
A Ø[`]W\Y]hYb`ni f`_ØfdYf`]W\Yb`6YhÀh][i b[`i bX`9f\c`i b["
=a`NYbhfi a`XYf` Ugn]bUh]cb`ZØf`XUg`GhUbX!i d!DUXX`]b[
ghY\Yb`b]W\h`bi f`X]Y` fYi XY`Ub`XYf`B`Uhi f`i bX`X]Y`Ygh\Yh]
XYg`Gdcfhgž`gcbXYfb`Ui W\X]Y`d\mg]c`c[`]gW\Yb`J`cfhY`Yž`X]Y
X]YgYg`HfU]b]b[`a`]h`g]W\`Vf]b[`h`5b[Yg]W\hg`XYf`k`UW\gYbXYb
NU\`Ub`A`YbgW\Ybž`X]Y`g]W\`ZØf`GI`D`]bhYfYgg]YfYbž[Yk`]bbh
Ui W\`X]Y`k`]ggYbgW\UZh]W\Y`5i`gY]bUbXYfgYhni b[`a`]h`XYb
9ZZY_hYb`Ui`Z`X]Y`?ØfdYfZ]hbYgg`ni`bY\`a`YbX`Ub`6YXYi`h`b["
`b`X]YgYa`5fh]_Y`/`Ua`d\AY`]d/



GhUbX!i d!DUXX`]b[`fGI DŁ\Uh`]b`XYb ``YhnhYb `\\$\\fYb `U`g` fY]nY]h
i bX`GdcfhU_hj] hÀh`ghUf_`Ub`Dcdi`Uf]hÀh`[Yk cbbYb`8]YgY
j Yf[`Y]W\gk Y]gY`bYi Y`K UggYfgdcfhUfhj YfY]bh`9`Ya`YbhY`XYg

DUXXY`bg`i bX`XYg`Gi fZYbg`i bX`V]YhYh`gck c\`5bZAb[Yfb`U`g`Ui `W
YfZU\ fYbYb`Gdcfh`Yfb`j]Y`ZÀ`h][Y`A Ø[`]W\ _Y]hYb`ni f`_ØfdYf`]W\ Yb
6YhÀh][i b[`i bX`9f\c`i b[``a`NYbhfi a`XYf` Ugn]bUh]cb`ZØf`XUg
GhUbX!i d!DUXX`]b[`ghY\Yb`b]W\ h`bi f`X]Y` fYi XY`Ub`XYf`B Uh` f`i bX
X]Y`Ygh`Yh]`XYg`Gdcfhgž`gc bXYfb`Ui W\ X]Y`d\mg]c`c[]gW\ Yb
JcfhY`Yž`X]Y`X]YgYg`HfU]b]b[`a`h`g]W\ Vf]b[h`5b[Yg]W\ hg`XYf
k`UW\ gYbXYb`NU\ ``Ub`A`YbgW\Ybž`X]Y`g]W\ ZØf`GI`D`]bhYfYgg]YfYbž
[Yk`]bbh`Ui W\ X]Y`k`]ggYb`gW\UZh]W\ Y`5i`gY]bUbXYfgYhni`b[`a`h`XYb
9ZZY`hYb`Ui Z`X]Y`?ØfdYfZ]hbYgg`ni`bY\`a`YbX`Ub`6YXYi`hi`b[``
=b`X]YgYa`5fh]`Y`i`b`hYfgi`W\`Yb`k`]f`X]Y`d\mg]c`c[]gW\`Yb`9ZZY`hY
XYg`GhUbX!i d!DUXX`]b[`g`Ui`Z`X]Y`?ØfdYfZ]hbYgg`i`bX`VY`Yi`W\`hYb`X]Y
XUa`]h`j`YfVi`bXYbYb`G]W\`Yf\Y]hgUgdY`hY`gck`]Y`I`a`k`Y`hY]bZØggYž
X]Y`VY]a`5i`gØVYb`X]YgYf`GdcfhUfh`VYfØW_g]W\ h][h`k`YfXYb`gc`hYb`
8UfØVYf`\]bUi`g`k`YfXYb`VYk`À\`fY`HfU]b]b[ga`Yh\`cXYb`i`bX
!dfc[fUa`a`Y`j`cf[YghY`hž`X]Y`XUVY]`Y`Z`Yb`_ØbbYbž`XUg`GhUbX!i d!
DUXX`]b[`Y`Z`Y_h]j`Yf`i`bX`g]W\`YfYf`ni`[YghU`hYb`8]YgY`5bU`mgY`n]Y`h
XUFUi`Z`UVž`Y]b`h]YZfYg`J`YfghÀbXb]g`ZØf`X]Y`a`i`h]Z`b`h]cbU`Yb
JcfhY`Y`XYg`GhUbX!i d!DUXX`]b[`g`ni`ZØfXYfb`i`bX`X]Y`dfU`h]gW\`Yb
=a`d`]`_Uh]cbYb`ZØf`Gdcfh`Yf`i`bX`fY]nY]hU`h]j`]ghYb`ni
j`YfXYi`h]W\`Yb`

D\mg]c`c[]gW\`Y`9ZZY`hY`XYg`GhUbX!i`d!

DUXX`]b[`g`Ui`Z`X]Y`?ØfdYfZ]hbYgg

GhUbX!i d!DUXX`]b[`fGI`D\`U`h`g]W\`]b`XYb`YhnhYb`U`fYb`U`g`Y]bY
dcdi`ÀfY`K`UggYfgdcfhUfh`YhUV`]Yfž`X]Y`gck`c\`]a`fY]nY]h`U`g
Ui`W\`]a`K`Yhh`Ua`dZ`YfY]W\`]a`a`Yf`a`Y\`f`5b\Àb[Yf`Z]bXYh`8]YgY
5`h]j`]hÀh`V]YhYh`b]W\`h`bi`f`9f\c`i`b[`ž`gc bXYfb`U`h`Ui`W\`g][b]Z`_Ub`hY
d\mg]c`c[]gW\`Y`9ZZY`hY`Ui`Z`X]Y`?ØfdYfZ]hbYgg`XYf`DfU`h]n]YfYbXYb`
8Yf`Zc`[YbXY`5VgW\`b]hh`UbU`mg]Yf`X]Y`j`YfgW\`YXYbYb
_ØfdYf`]W\`Yb`J`cfhY`Y`i`bX`d\mg]c`c[]gW\`Yb`F`YU`h]cbYbž`X]Y`Xi`fW\`
fY`[Y`a`À»][Yg`GhUbX!i d!DUXX`]b[`][YZØfXYf`k`YfXYb`

9]b`k`YgYb`h]W\`Yf`d\mg]c`c[]gW\`Yf`9ZZY`h`XYg`GhUbX!i`d!DUXX`]b[`g
]gh`X]Y`J`YfVYggYfi`b[`XYf`_UfX]cj`Ug_i`ÀfYb`:]hbYgg`K`À\`fYbX
Y]bYf`hmd]gW\`Yb`GI`D!9]b\Y]h`k`]fX`XUg`<Yfn!`fY]g`Ui`Z`GmghY`a`ghUf`
VYUbgdfi`W\`h`Ghi`X]Yb`\UVYb`[YnY][hž`XUgg`Xi`fW\`X]Y

[`Y]W\ a \A»][Yb \5fa ! i bX \6Y]bVYk Y[i b[Yb \gck]Y \X]Y
 5bghfYb[i b[XYg \F i a dZYg \XYf \Di \g \g][b]Z]Ubh \UbghY][h \8]Yg
 Z\fh \ni \Y]bYf \GhY][Yfi b[XYf \@ b[Yb _UdUn]h\Ah \i bX \Y]bYf
 VYggYfYb \GUI Yfghc Z\Yfgcf[i b[XYg \? \OfdYfg \=a \5`[Ya \Y]bYb
 k YfXYb \X]Y _UfX]cj Ug_i \AfYb \DUfUa YhYf \k]Y < YfnZfYe i Ybnž
 6\i hXfi W\ i bX \GUI Yfghc Z\Ui Z\U\ a Y \dcg]hj \VYY]bZi ggh"

9]b \UbXYfYf \VYXYi hYbXYf \9ZY_h]gh \X]Y \Gh\Af_i b[XYf
 A i g_i \Uhi f \GhUbX!i d!DUXX]b[VYUbgd\fi W\h \Y]bY \J]Y \nU\ \j cb
 A i g_Y [fi ddYb \=b gVYgcbXYfY \X]Y \A i g_Y \b \XYf \? \OfdYfa \jh\hY
 f\cfcfY \XYf \5fa Y \i bX \XYf \6Y]bY \g]bX \k \AfYbX \XYf
 DUXXY \VYk Y[i b[U_hj \< Yf \g]bX \Y]b[Y \XYf \k]W\h] gh\Yb
 A i g_Y [fi ddYb \z X]Y \VY]a \GI D \hfU]b]Yf \k YfXYb.

- F i a dZa i g_i \Uhi f \8]Y \GhUV]gUh]cb \k \AfYbX \XYg
 Gh\Y \Ybg \Z\OfdXYfh \X]Y \GhUV]h\Ah \i bX \`YI \V]h\Ah
- 5fa a i g_i \Uhi f \6Y] \YXYa \DUXXY \gW\ \U[\k YfXYb
 6]nYdg \i bX \Hf]nYdg \VYUbgd\fi W\h
- 6Y]ba i g_i \Uhi f \=b gVYgcbXYfY \X]Y \CVYfgW\ Yb \Y \i bX
 K UXYba i g_i \Uhi f \gd]Y \h \Y]bY \Yb \hgW\ Y]XYbXY \Fc \Y \VY]
 XYf \6U \UbW\ \i bX \5bhf]YV"

BYVYb \XYf \A i g_Y \gh\Af_i b[_ObbYb \Ui W\ _OfdYf \W\ Y
 ?ccfX]bUh]cb \i bX \`Y]W\ [Yk]W\ h \Xi fW\ \GhUbX!i d!DUXX]b[
 Yf \YV]W\ \j YfVYggYfh \k YfXYb \8U \X]Y \Gdcfh \Yf \k \AfYbX \XYg
 DUXXY \bg \Ui \Z \Y]bYa \fY \Uhj \]bghUV]Yb \6cUfX \gh\Y \Yb \z a \OggYb \g]Y
 gh\AbX][_Y]bY \5bdUggi b[Yb \j cfbY \a Yb \z a \XUg; \Y]W\ [Yk]W\ h
 ni \U \h \Yb \8]Yg \gh\Af \h \b]W\h \bi f \X]Y \; Y \Yb \Y \z gcbXYfb \Z\OfdXYfh
 YVYbZU \g \X]Y \dfcdf]cnYdhj \Yb \A \][_Y]h \Yb \z U \gc \XUg; \Ygd \O \f \Z\O \f
 X]Y \Y][Yb \Y \? \OfdYfdcg]h]cb \]a \F \Ui a "

9f[\AbnYbX \XUni _Ubb \GI D \Ui W\ \ni f \J YfVYggYfi b[XYf
 : \YI \V]h\Ah \VY]hfU[Yb \F Y[Y \a \A»][Y \DUXXY \VYk Y[i b[Yb \z
 _ca V]b]Yfh \a \]h \XYa \gh\AbX][Yb \K YW\ gY \XYf \? \OfdYf \U \hi b[Yb \z
 Z\OfdXYfb \X]Y \[YgW\ a Y]X][Y \6Yk Y[\W\ \Y]h \XYf \; Y \Yb \Y \i bX \XYf
 A i g_i \Uhi f \8Y \b \O \Vb b[Yb \k \AfYbX \cXYf \bUW\ \XYa \DUXXY \b
 _ObbYb \X]Y \`YI \V]h\Ah \k Y]h \Yf \gh\Y][Yfb "

8]Y `d gmW]gW Y b J c fhY]`Y gc ``hY b YYb ZU ``g b]W h ØVY fgY \ Yb
 k YfXYb " Gdcfh]W Y 6YhÀh] i b [Ub XYf Zf]gW Y b @ Zhži a [YYb
 j cb K UggYfž hfÀ [h ni f GhfYggfYX i _h]cb i b X ni f U ``[Ya Y]b Yb
 J YfVYggYfi b [XYg K c \ VYZ]b XYbg VY] ``8Yf ? cbhU h ni f B Uh i f
 i b X X]Y A Ø [`]W _Y]hž]b Y]b Yf fi \] [Yb I a [YVi b [ni dUXXY bž
 ZØfXYfb X]Y a YbhU Y ; Ygi b X Y]h i b X _ØbbYb GhfYggb]j YUi i b X
 5 b [ghgma dhca Y Yf \ YV]W gYb _Yb "

D\ mg]c`c []gW Yf 9ZZY_h	6YgW fY]Vi b [
?UfX]cj Ug_i `ÀfY :]hb Ygg	J YfVYggYfi b [j cb < YfnZfYei Ybn i b X GUI Yfghc ZZUi ZbU\ a Y
A i g_Y`ghÀf_i b [5_h]j]Yfi b [XYf F i a dZž5fa ! i b X 6Y]ba i g_i `Uh i f
?ccfX]bUh]cb i b X ; `Y]W [Yk]W h	J YfVYggYfi b [XYf dfcdf]cnYdh]j Yb : À\] [_Y]hYb
: `YI]V]`]hÀh	GhY][Yfi b [XYf ; Y Yb_! i b X A i g_i `Uh i fZYI]V]`]hÀh
DgmW]gW Y J c fhY]`Y	GhFYggfYX i _h]cb i b X J YfVYggYfi b [XYg U ``[Ya Y]b Yb K c \ VYZ]b XYbg

≠g[YgUa h `Àggh`g]W ZYgh\ U hY b ž XUgg GhUbX!i d!DUXX`]b [`Y]b Y
 j]Y `gW]W h] [Y gdcfh]W Y 5_h]j]hÀh XUfghY ``hž X]Y `Ui Z _ØfdYf]W Yf
 i b X dgmW c`c []gW Yf 9VYb Y dgc]h]j Y 9ZZY_h Y `Yfn]Y `h ``8]Y
 ?ca V]bUh]cb `Ui g _ØfdYf]W Yf 6YhÀh] i b [ž B Uh i fYfZU\ fi b [i b X
 gcn]U`Ya 5i ghUi gW a UW h GI D ni Y]b Yf Y]bn] [Ufh] [Yb GdcfhUfhž
 X]Y XUg :]hb Yggb]j YUi `Ui Zi b hYfgW]YX]W Y K Y]gY Yf \ Ø\ Yb _Ubb "

G]W Yf \ Y]hgUgdY_hY i b X I a k Y `hY]b Z ØggY
 VY]a `GhUbX!i d!DUXX`]b [

GhUbX!i d!DUXX`]b [fGI DŁ\ Uh]b XYb ``YhhhYb \ fYb Ub Dcdi `Uf]hÀh
 [Yk cbbYb i b X YfZfYi h g]W VY] K UggYfgdcfh`Yfb i b X
 B Uh i fZfYi b XYb [fc » Yf 6Y]YVh\ Y]h Hfch n XYf nU \ fY]W Yb
 [Ygi b X \ Y]h W Yb J c fhY]Yž X]Y X]YgYf Gdcfh a]h g]W Vf]b [hž
 a ØggYb VYgh]a a h Y G]W Yf \ Y]hgUgdY_hY i b X I a k Y `hY]b Z ØggY
 VYfØW_g]W h] [h k YfXYbž i a Y]b g]W YfYg i b X

j YfUbhk cfhi b[gVYk i gghYg'DUXXY`Yf`YVb]g'ni '[Yk Á\ f`Y]ghYb"
9]b 'k YgYbh]W\ Yf`G]W\ Yf\ Y]hgUgdY_h]gh`XUg`HfU[Yb 'j cb
ł\ G\ W\ i hnk YghYbł\ z]bgVYgcbXYfY'Z\ f'5bZ\Ab[Yf`cXYf`]b
i bVY_UbbhYb'; Yk ÁggYfb"8]Y'6Ybi hni b['j cb`G\ W\ k]a a k YghYb
_Ubb']b 'j]Y`Yb'; Yk ÁggYfb`gc[Uf`[YgYhn`]W\ 'j cf[YgW\ f]YVYb`gY]b"
9g`]gh`Ui W\ 'k]W\ h][z\ g]W\ 'XYf`a YhYcfcc`c[]gW\ Yb'6YX]b[i b[Yb
VYk i ggh`ni `gY]bž`XU'd`Ohn`]W\ Y`K YhhYf\AbXYfi b[Ybž`k]Y`ghUf_Y
K]bXY`cXYf'; Yk]hhYfž`XUg`F]g]_c`Yf\ YV`]W\ 'Yf\ Ø\ Yb`_ØbbYb"
8]Y`K U\ ``XYg`f]W\ h][Yb 'ł\ GhUbX!i d!DUXX`Y!6cUfxgl ']gh`YVYb gc
Yb hgW\ Y]XYbX'Z\ f`X]Y`G]W\ Yf\ Y]h"J YfgW\]YXYbY'6cUfxhmdYb`g]bX
Z\ f'i b\ hYfgW\]YX`]W\ Y'; Yk ÁggYfVYX]b[i b[Yb 'i bX'9fZU\ fi b[g`Yj Y`g
Ui g[Y`Y[h`5bZ\Ab[Yf`gc`hYb`Ub`ghUV]Ybž`VfY]hYfYb'6cUfxg
ZYgh\ U`hYbž`k Á\ fYbX`YfZU\ fYbY'DUXX`Yf`Y]W\ hYfYž`gW\ a U`YfY
6cUfxg`Z\ f`gW\ bY`YfY'A UbØj Yf`VYj cfni [Yb`_ØbbYb"

- G\ W\ i hnk YghYb. 'DZ]W\ h]b 'j]Y`Yb`F Y[]cbYbž`Yf\ Ø\ h`X]Y
G]W\ Yf\ Y]h"
- K YhhYfVYX]b[i b[Yb. 'GhUf_Y`K]bXY`i bX'; Yk]hhYf`g]bX
[YZ\Ab`f`]W\ "
- 6cUfxhmd. '5i gk U\ ``UV\Ab[]['j cb`9fZU\ fi b['i bX
; Yk ÁggYf"

9]b 'k Y]hYfYf`Yb hgW\ Y]XYbXYf': U_hcf`]gh`X]Y 'ł\ GY`VghYfZU\ fi b['ł\
i bX`XUg'ł\ K]ggYbł\ 'ØVYf'[fi bX`Y[YbXY'DUXXY`hYW\ b]_Yb`gck]Y
X]Y'<UbX\UVi b['XYg`6cUfxg"9]b'i a Z\ggYbXYg`HfU]b]b['i bX`XUg
J Yfgh\AbXb]g`Z\ f'DUXXY`hYW\ b]_Yb`Z\ fXYfb`b]W\ h`bi f`XYb`GdU»ž
gcbXYfb`Ui W\ X]Y`G]W\ Yf\ Y]h`VY]a 'DUXXY`b"8Uni '[Y\ Øfh`Ui W\
XUg`J YfhfUi ha UW\ Yb`a]h`XYb`Øfh`]W\ Yb'; Y[YVYb\ Y]hYb`k]Y
GhfØa i b[Yb 'i bX'; YZU\ fYbncbYb"

I a k Y`hY]bZØggY`gd]Y`Yb`Y]bY`g][b]Z\UbhY`F c``Y`]a 'GhUbX!i d!
DUXX`]b["8]Y`K U\ ``XYg`DUXXY`d`UhngY`gc`hY
j YfUbhk cfhi b[gVYk i ggh`[YhfcZZYb`k YfXYbž`]bXYa'a Ub`bUhØf`]W\ Y
@YVYbgf\Ai a Y`fYgdY_h]Yfh`i bX`X]Y'; Yk ÁggYf`gUi VYf`\A`h`B Uhi`f!
i bX`H]YfgW\ i hn[YV]YhY`YfZcfXYfb`\Ai Z]['gdYn]Y``Y
; YbY\ a][i b[Yb`cXYf`gdYn]Y``Y`J Yf\ U`hYbgfY[Y`b"

I a k Y`hY]bZØggY	9a dZc\`YbY'A U» bU\ a Yb
„ VYfZ]gW\ i b[`i bX` \ X	J Yfa Y]Xi b[`gYbg]V`Yf @YVYbgf\ a Y
J YfgW\ a i hni b[5VZU`Yb\ gcf[i b[`i bX F YW\ W]b[
?`]a Uk UbXY`	F YXi n]Yfi b[`XYg 7C !: i » UVXfi W_g

Ni gUa a YbZUggYbX`Aggh`g]W\ ZYgh\ U`hYbž`XUgg`G]W\ Yf\ Y]hgUgdY_hY
i bX`I a k Y`hY]bZØggY`VY]a `GhUbX!i d!DUXX`]b[`b]W\ h`bi f`ZØf`X]Y
G]W\ Yf\ Y]h`XYg`DUXX`Yfgž`gcbXYfb`Ui W\ `ZØf`XYb`GW\ i hn`XYf
bUhØf`]W\ Yb`F Yggci fW\ b`j cb`[fØ» hYf`6YXYi hi b[`g]bX"
J YfUbhk cfhi b[gj c``Yg`J Yf\ U`hYb`Ui ZXYa`K UggYf`i bX`XUg
6Yk i gghgY]b`ZØf`X]Y`dYfgØb`]W\ Yb` ; fYbnYb`g]bX`k YgYbh`]W\ Y
J cfUi ggYhni b[Yb`ZØf`Y]b`g]W\ YfYg`i bX`bUW\ \ U`h][Yg
DUXXY`Yf`YVb]g"

HfU]b]b[ga Yh\ cXYb`i bX`!dfc[fUa a Y`ZØf
YZZY_h]j Yg`GhUbX!i d!DUXX`]b[

GhUbX!i d!DUXX`]b[`fGI DŁ\ Uh`g]W\ ni`Y]bYf`VY`]YVhYb
K UggYfgdcfhUfh`Ybhk]W\ Y`hž`X]Y`b]W\ h`bi f`ZØf` fY]nY]hU_h]j]hÀhYbž
gcbXYfb`Ui W\ `ZØf`[Yn]Y`hYg`HfU]b]b[` [Ybi hnh`k YfXYb`_Ubb`I a
X]Y`J cfhY`Y`X]YgYf`GdcfhUfh`j c``ghÀbX][`Ui gni gW\ ØdZYbž`_ØbbYb
j YfgW\]YXYbY`HfU]b]b[ga Yh\ cXYb`i bX`!dfc[fUa a Y`]b`6YhfUW\ h
[Ync[Yb`k YfXYbž`X]Y`gck c\ ``?fUZh`U`g`Ui W\ `5i gXUi Yf`ZØfXYfb`

9]bY`XYf`YZZY_h]j ghYb`HfU]b]b[ga Yh\ cXYb`]gh`XUg
†† ≠b hYfj U``hU]b]b[†† ž`XUg`Yg`Yfa Ø[`]W\ hž`]b`_i fnnY]h][Yb
]b hYb g]j Yb`9]b\ Y]hYb`X]Y`5i gXUi Yf`i bX`?fUZh`ni`ghY][Yfb`
≠b hYfj U``hU]b]b[` _Ubb`ni a`6Y]gd]Y`Zc`[YbXYfa`U» Yb`ghfi`_hi f]Yfh
k YfXYb.

8Ui Yf`fA`]bi hYbŁ	5_h]j Y`D\ UgY	DUI gY`fF`i \YbŁ
fDUXXY`bŁ		

' \$	%`A`]bi hY`]b hYbg]j Yg DUXXY`b	%`A`]bi hY`U`b[gUa`Yg DUXXY`b`cXYf`F`i \Yb
&\$	' \$`GY_i`bXYb	' \$`GY_i`bXYb

<p>8]Ui Yf'fA]bi hYbŁ</p>	<p>5_h]j Y'D\UgY fDUXXY`bŁ</p>	<p>DUI gY'fF i \YbŁ</p>				
	<table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td>a UI]a U'Yg'DUXXY`b</td> <td>`Ub[gUa Yg'DUXXY`b</td> </tr> <tr> <td></td> <td>cXYf'F i \Yb</td> </tr> </table>	a UI]a U'Yg'DUXXY`b	`Ub[gUa Yg'DUXXY`b		cXYf'F i \Yb	
a UI]a U'Yg'DUXXY`b	`Ub[gUa Yg'DUXXY`b					
	cXYf'F i \Yb					

9]b'k Y]hYfYf'5bgUhñ ZòfXYfh'X]Y'f'f? fUZh'i bX'GhUV]`]hÀh'f'Xi fW
[Yn]Y'hYg'HfU]b]b[XYf'F i a dZa i g_i `Uhi f", Vi b[Yb'k]Y'XUg
f'f D`Ub_f'f!HfU]b]b[cXYf'XUg'f'f gg]Ub'Hk]gh'f'_`_ÒbbYb'j cf'XYa
DUXXY`b'Xi fW [YZòf fh'k YfXYb'z'i a 'X]Y'? ÒfdYfa]hhY'ni 'ghÀf_Yb"
8]YgY", Vi b[Yb'j YfVYggYfb'b]WWh'bi f'XUg'; 'Y]WWh'Ui ZXYa
6cUfxžgcbXYfb'hfU[Yb'Ui WWh'ni f'U`[Ya Y]bYb'? ÒfdYfghUV]`]hÀh'VY]"

: c'[YbXY', Vi b[Yb'Y][bYb'g]WWh'Yfj cffU[YbX'ni f'J YfVYggYfi b[
XYf'F i a dZghUV]`]hÀh

- D`Ub_. < U'hYb'G]Y'X]Y'Dcg]h]cb'Zòf' \$ * \$'GY_i bXYb"
- G]XY'D`Ub_. 'GY]hY'k YWWh'gY'b'bUWWh' \$'GY_i bXYb"
- F i gg]Ub'Hk]gh. '%\$ %) 'K]YXYf\c'i b[Yb'dfc'GY]hY"

: Øf'Y]bY'f'fUi g[Y[']WWh'YbY':]hbYggf'`]gh'Yg'Yb'hgWWh'Y]XYbXž'Ui WWh'f'f? fUZh'fU]b]b[f'f'`]b'X]Y'Fc i h]bY'Y]bni VUi Yb"? <]YfVY]`_ÒbbYb
, Vi b[Yb'a]h'XYa 'Y][YbYb'? ÒfdYf[Yk]WWh'cXYf'a]h
K]XYfghUbXgVAbXYfb'j Yfk YbXYh'k YfXYb"; YY][bYhY", Vi b[Yb
g]bX.

- ? b]YVYi [Yb. : ÒfXYfb'X]Y'6Y]ba i g_i `Uhi f'i bX'X]Y
F i a dZ_fUZh"
- @]Y[YghØhnY. 'GhÀf_Yb'i a 'Y[YbXY'A i g_i `Uhi f'i bX
ZòfXYfb'X]Y'5fa _fUZh"
- ? fYi n\YVYb. 'J YfVYggYfh'X]Y'F ØW_Yb! i bX'6Y]ba i g_Y'b
Zòf'XUg'DUXXY`b"

9]b'j c``ghÀbX][Yg'HfU]b]b[gdfc[fUa a 'gc``hY'Ui WWh'f'f
f'f 5i gXUi YfhfU]b]b[f'f'`VY]b\U'hYb'z'k]Y'Yhk U'F UXZU\fYb'cXYf
@Ui ZYb'z'i a 'X]Y'U`[Ya Y]bY'< Yfn!? fY]g'Ui Zl:]hbYgg'ni 'j YfVYggYfb"
=b'? ca V]bUh]cb'a]h'XYa 'GhUbX!i d!DUXX`]b['gcfc[h'X]Yg'Zòf'Y]bY
i a ZUggYbXY' _ÒfdYf']WWh'Y'GhÀf_Y"

þg[YgUa h'gc ``hYb 'X]YgY 'A Yh\cXYb ']b 'Y]bYa ' [i h'ghfi _hi f]YfhYb
f\ K c\W YbhfU]b]b[gd`Ub\ f]b hY[f]Yfh\k YfXYbži a '_cbh]bi]Yf`]W\ Y
: cfhg\W f]hhY ni ' [Yk \A\f\Y]ghYb 'i bX 'J Yf\Yhni b[Yb 'ni 'j Yfa Y]XYb"
K \W Yb\h]W\ Y 'N]Y\gYhni b[Yb 'fh" 6" 8]ghUb n\cXYf\NY]h\ \Y\Z\Ybž
A ch\j U\h]cb 'i bX ': c_i g\ni 'ghY][Yfb " \XYU ']gh\Y]b 'Ui g[Yk c[YbYg
J Yf\A\h\h]g\nk]g\W Yb 'HfU]b]b[gY]b\Y]hYb ']a 'K UggYf 'i bX
'UbX[Ygh\hnh\Y a ' ? fU\h\ i bX 'GhUV]]h\hghfU]b]b["

: Un]h'i bX '5i gV`]W_

5Vg\W 'Y» YbX ``\Aggh'g]W\ 'ZYgh\ U\hYbž XUgg 'GhUbX!i d!DUXX`]b['b]W\ h
bi f\Y]bY 'j]Y\gY]h][Y\Gdcf\hUf\h]ghž gc bXYfb 'Ui W\ g][b]Z\Ub hY
d\mg]c 'c []g\W Y '9ZZY_hY 'Ui Z\X]Y ' ? \OfdYfZ]h\Ygg '\Uh" 8]Y
j Yfg\W]YXYbYb 'A i g\Y '[fi ddYb 'k YfXYb 'U\h\j]Yfhž k Ug\ni 'Y]bYf
VYggYfYb ' ? \OfdYfghUV]]h\h'i bX '5i gXUi Yf\Z\O\fh" 8 UVY] 'gd]Y\Yb
G]W\ Yf\Y]hgUgdY_hY 'i bX 'I a k Y\hY]bZ\OggY 'Y]bY 'Yb\hg\W Y]XYbXY
Fc ``Y\z\X]Y 'VY] 'XYf '5i gØVi b['XYg 'Gdcf\h'g]W\ h'Ui » Yf '5W\ h
[Y\UggYb 'k YfXYb 'gc ``hYb"

8]Y '5bk YbXi b['gmghY a Uh]g\W Yf 'HfU]b]b[ga Yh\cXYb 'i bX
!dfc[fUa a Y\ _Ubb 'X]Y '9ZZY_h\j]h\h'XYg 'GhUbX!i d!DUXX`]b[g\k Y]hYf
ghY][Yfb 'i bX 'XYb 'Gdcf\hYfb '\Y\Z\Ybž]\fY 'N]Y 'Y 'Y\Z\Z]n]Ybh\ni
YffY]W\ Yb " 5b[Yg]W\ hg 'XYf 'dcg]h\j Yb '5i gk]f_i b[Yb 'Ui Z\X]Y
_ \OfdYf`]W\ Y ':]h\Ygg 'gck]Y 'XYf 'Yb\hgd UbbYbXYb 'i bX 'a YX]hUh\j Yb
9\Ya Yb\hY 'XYg 'GhUbX!i d!DUXX`]b[gž 'Yf\Z\ZbYh'g]W\ 'Y]b
j]Y 'j YfgdfY\W\ YbXYg ': Y\X 'Z\O\f ':]h\YggVY[Y]gh\Yf\Y 'i bX
B Uh\ f]YV\UVYf ' ['Y]W\ Yfa U» Yb"

Ni _Øb\Zh]['_Øbb\hY 'X]Y 'þhY[fUh]cb ']bbcj Uh\j Yf 'HfU]b]b[gUb\g\h\hY
i bX 'Y]bY 'gh\h\h'f_YfY ': c_i gg]Yfi b['Ui Z'i a k Y\hVYk i gghYg 'DUXXY`b
X]Y 'Dc di 'Uf]h\h'i bX 'B UW\ \U\h]['_Y]h\X]YgYf 'Gdcf\hUf\h'k Y]hYf 'Z\O\fxYfb"
Gca]h\ghY\h\h'GhUbX!i d!DUXX`]b['b]W\ h'bi f 'Z\O\f ' _ \OfdYf`]W\ Y
6Yh\h][i b[ž'gcbXYfb 'Ui W\ 'Z\O\f 'Y]b 'VYk i gghYfYg 'Ni gUa a Ybgd]Y
a]h'i bgYfYf 'B Uh\ f"

6Ygi WX Yb 'G]Y 'i bg'Ui Z 'a Y]b!ZjhbYgg"bYh